



Monthly

NEWSLETTER

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SHIFA INTERNATIONAL HOSPITAL ORGANIZED AWARENESS SESSION ON WORLD STROKE DAY

Shifa International Hospital organized an insightful seminar to raise awareness about the importance of identifying risk factors, recognizing symptoms, understanding treatment options, and supporting rehabilitation efforts for stroke management.

Dr. Muhammad Amjad, Consultant Neurologist and Chief of Neurology, discussed stroke management strategies & underscored the widespread impact of stroke, noting that one in six people is likely to experience a stroke in their lifetime.

Further addressing the factors contributing to stroke risk, Dr. Raja Farhat Shoaib, Consultant in Stroke Medicine and Neurorehabilitation, explained the links between high blood cholesterol, a sedentary lifestyle, obesity, and stress, underscoring that managing these risk factors is critical in reducing the incidence of stroke.

Dr. Zeeshan Bin Ishtiaque, Chief Executive Officer Shifa International Hospital, reaffirmed the hospital's dedication to quality stroke care. He emphasized that the hospital prioritizes its patients by continually enhancing the level of stroke treatment facilities to ensure they meet international standards, reflecting Shifa's commitment to improving patient outcomes.

Dr. Sehrish Kazi, Consultant Neurologist, offered valuable guidance on stroke prevention, explaining that a combination of lifestyle choices (including a healthy diet, regular physical activity, quitting smoking, adequate sleep, weight management, and control of cholesterol, blood sugar, and blood pressure) can significantly reduce the risk of stroke.

Senior Occupational Therapist Ms. Saima Kanwal discussed how occupational therapy supports stroke patients by helping them regain independence and functionality. rug interactions, and guide patients on proper medication use. Their expertise enhances patient outcomes and supports Shifa's mission of providing quality healthcare.



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SHIFA INTERNATIONAL HOSPITAL RAISED BREAST CANCER AWARENESS DURING OCTOBER BREAST CANCER AWARENESS MONTH

As part of Shifa International Hospital's ongoing breast cancer awareness series Breast Cancer Awareness Sessions were held in Different Organizations to raise the importance of prevention, risk factors, symptoms, diagnosis, and treatment options. Dr. Arooj Akram, Women Health Awareness Lead at Shifa International Hospital, and Dr. Saeeda Yasim, Consultant Surgeon at Shifa International Hospital. Dr. Sana Saeed, Consultant Radiologist at Shifa International Hospital, and Dr. Humaira Altaf, Associate Consultant General Surgeon at Shifa International Hospital led the sessions.

Rotary Club of Islamabad (Metropolitan)



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SERENA HOTELS FOR MALE EMPLOYEES



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SHIFA INTERNATIONAL HOSPITAL COLLABORATED WITH GERRY'S FOR A CHARITY FOOTBALL MATCH

Shifa International Hospital had the privilege of participating in the charity football match organized by Gerry's Visa and SOS Children's Villages Pakistan at the Sports Complex in Islamabad. Our team engaged with an amazing crowd of diplomats, government officials, and their families in support of the welfare and education of orphaned and abandoned children. Through our presence, we reaffirmed our commitment to quality healthcare and social welfare initiatives. A big thank you to everyone who came out to support this noble cause.



RESPIRATORY CARE SYMPOSIUM HELD AT SHIFA INTERNATIONAL HOSPITAL

Shifa Center of Professional Excellence (SCOPE), in collaboration with the Respiratory Therapy Department, Shifa International Hospital proudly hosted the Respiratory Care Symposium 2024, marking Respiratory Care Week. This impactful event focused on enhancing Neonatal and Pediatric Non-Invasive Ventilation skills through hands-on workshops and expert insights from Dr. Yasser Masood, Dr. Salman Bashir Wani, Dr. Seema Faris, and Dr. Humaira Rafiq. On the 2nd day of the Symposium, Shifa's dedicated team, led by Dr. Aftab Akhtar, consultant pulmonologist & Dr. Syed Murtaza Hassan Kazmi, Consultant pulmonologist & Chief of Pulmonology, curated an engaging workshop on Respiratory Care Essentials.



THE 4TH ANNUAL MEDICATION MANAGEMENT CONFERENCE

The 4th Annual Medication Management Conference kicked off with a dynamic Pre-Conference Workshop held at Shifa International Hospitals Limited, Islamabad, Tailored for community pharmacists in Pakistan, the workshop facilitated insightful discussions and knowledge exchange. Through engaging presentations, interactive quizzes, and expert discussions, the workshop provided a dynamic learning environment. Participants gained enhanced knowledge on building essential skills for community pharmacists in Pakistan.

AMMC Day 2nd

Department of Pharmacy Services, led by Chief Pharmaceutical Officer, Salwa Ahsan, hosted the 4th Annual Medication Management Conference (AMMC) 2024 at Hotel Serena, Islamabad. This premier event united healthcare professionals, experts, and enthusiasts for insightful discussions and knowledge sharing. Mr. Taimoor Shah, Chief Operating Officer, Shifa International Hospital, warmly welcomed participants with a note that set the tone for the event.



ہوم لیب - eShifa

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